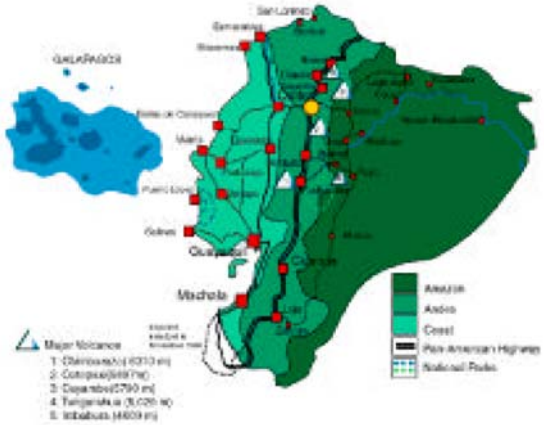
Humanitarian Expedition
Ecuador, South America



Expedition Objectives & Preparation

As an expedition participant, you are a contributing citizen of the world and will see life from the Andean perspective. You will experience the joy of being a giver of humanitarian service and of acquainting yourself with the humble and sweet Ecuadorian people.

The purpose of the expedition is twofold: 1) To provide hope, hygiene, construction, food, skills, or medical needs to street children; and 2) Enjoy cultural exchange with villagers or indigenous people in Ecuador, thereby increasing your appreciation of the crucial need of humanitarian involvement.

On expeditions, we will work with street children and build facilities for children. We provide hygiene kits and basic hygiene training. We also provide supplies for new born babies and training for their mothers. Projects may include building bathrooms, bedrooms, and kitchens for one of our orphanages or drop-in centers. Medical and dental projects are added if medical personnel sign on.

After payment of your deposit, you will be notified to attend, if possible, briefing meetings as they will include the latest project details, work assignments, packing preparation, legal requirements, and immunizations. You will be emailed an Expedition Handbook in PDF outlining necessary preparations including cultural information, travel documents, and project itineraries. Above all, each member of the group should psychologically prepare him- or her- self for the trip by agreeing to maintain a responsible attitude, reflecting at all times the highest moral character, and strive to be cooperative and friendly toward all members of the expedition.

Cost: Breakdown (90 Days Prior to Exp.)

Before 90 Days of Expedition	$ 1650
Within 90 Days of Expedition	$ 1850

** Plus all airfare of approximately $1000 - $1600 depending on your gateway city, timing of your airfare purchase, and fuel costs.

Sample & Final Itinerary

A sample itinerary is included in the expedition handbooks. Final itineraries are made as we approach the dates of the expedition and will be emailed along with other important information. Itineraries all include at least 2-3 days of travel, 4-5 days of project work, and 2-4 days of tourism activities. Flights, buses, weather and local conditions all play factors in last minute changes. Expecting the unexpected is all part of the adventure.

Cost & Payments

$1650/$1850 plus all airfare. Price based on double/triple occupancy. Includes a $300 non-refundable deposit if you cancel for *any* reason. Single occupancy will pay an additional $75 a night for hotels. Expedition fees include: travel insurance, hotels, buses, boats, tours, breakfasts, project lunches and Machu Picchu tour/train. Does not include: non-project lunches, all airfare, dinners, side excursions, taxi rides, departing airport tax, souvenirs, tips, and incidentals. Itinerary subject to change based on airline schedules and availability as well as project needs. Payment in full is needed one month prior to departure (unless otherwise agreed upon). If paying by credit card, add an additional $50 processing fee.

Cancellation & Refunds

International airfare is not refundable, but you may retain your ticket and negotiate directly with the airlines for future flights. If expedition is cancelled prior to 45 days, all but international airfare, project donations and the $300 deposit is refundable by check. There are no refunds less than 45 days as, travel, tour, and accommodations are prepaid and/or have cancellation fees.

Expedition Leaders

Members of the Southern Cross Humanitarian Board will be on all expeditions to communicate daily schedules, coordinate work projects and help with all needs along with the Project Director.

Contact Information

Please feel free to contact the Southern Cross Humanitarian office with any additional concerns, questions or comments: 1-801-285-7922.

Humanitarian Expedition

Sign Up (Please Print Clearly)

Name: _____
(exactly as it appears or will appear on your passport)

Occupation: _____

Address: _____

City, State, Zip: _____

Daytime phones: _____

Email: _____U.S. Citizen? _____

Date of Birth: _____ Sex (circle): M F

T-Shirt Size (circle): S M L XL XXL XXXL

Team: □ Construction □ Medical/Health □Agriculture/Literacy

Speak Spanish? □ Fluent □ Some □ None

List your passport number: _____

List skills which may be helpful: _____
_____

List medical info we should be aware of and at least one contact (w/phone) in case of emergency:
_____
_____(Tel.)_____

Name of Doctor & Health Insurance Carrier:
_____
_____

Dates of Trip You are Interested In:

___/___/____ to ___/___/___/____

Please see www.sxhu.org/humanitarian.html for current expedition dates.

Payment

- Deposit due w/ App ($1850.00) $_____
- Project costs $_____
  (please donate generously)
- ***Total Amount*** $_____

Make checks payable to: "**Southern Cross Humanitarian**"
Mail to: **10542 S. Jordan Gateway, Suite 200, Sandy, UT 84095**
Call to use a credit card: Visa, MC, Discover, AmEx, Paypal.

You will receive a donation receipt at year end for your records.

SOUTHERN CROSS
HUMANITARIAN

Agreement

This document is provided as a summary of key items of understanding and agreement as a potential expedition participant/volunteer. You must review, sign, and submit this application along with your deposit before you will be considered as a participant with Southern Cross Humanitarian.

1. **THIS IS NOT A VACATION**. I understand Southern Cross expeditions are not tourist vacations and I need to prepare myself physically and mentally to face primitive, frustrating and disquieting conditions while traveling in Developing Nations, and working and living with indigent people.

2. Preparation. As a participant, I am responsible for reading and understanding the information in the Expedition Handbook, and to contact the Expedition leader if I have questions. I understand that I am required to attend the pre-expedition packing meeting, where locally possible, held by Southern Cross.

3. Requirements. I understand I will not be able to participate in the Expedition until I submit the necessary forms, payments, passport copy, and other legal documentation required for travel – these documents should be sent with the application.

4. Risk. I understand I am responsible for my own luggage, insurance claims, health, and belongings. While Southern Cross goes to great lengths to insure my wellbeing, Southern Cross is not responsible for the cost of my medical care or any theft, loss or damage I incur during or as a result of this expedition. I undertake this expedition at my own risk and will sign a disclaimer to that end.

5. Arrangements. To help facilitate the expedition, Southern Cross arranges for group travel, accommodations, and so forth. I understand these services may be contracted with airlines, hotel chains, or other companies or individuals and that Southern Cross is not responsible for their performance, security, safety or my satisfaction.

As an applicant for the Ecuador 2008 Expedition, I have read and agree to the terms of this Agreement.

_____
Date Applicant Signature
Parent Signature (*If applicant is under 18 yrs of age*)

**Southern Cross Humanitarian is a 501(c)(3) non-profit organization (Tax ID#11-3745422). Except for recreational Tours, expedition costs may be tax deductible.† Minors must be accompanied by at least one guardian.*

Humanitarian Expedition

Terms and Conditions

RESPONSIBILITY AND LIABILITY: This expedition is under the management of Southern Cross Humanitarian, 10542 S. Jordan Gateway, Suite 200, Sandy, UT 84095. Southern Cross has made all arrangements for accommodations and services furnished in connection with this expedition. While on this expedition, Southern Cross, as the principal, shall be responsible to the participant for supplying the services & accommodations offered to the participant as set forth in the itinerary, except to the extent such services or accommodations cannot be supplied, due to delays or other such causes beyond the control of Southern Cross. In such event, Southern Cross will use its best efforts to supply comparable services and accommodations, but provide no refund. Southern Cross, in the absence of negligence on its part, shall not be responsible for any delay, substitution of equipment, or any act of omission whatsoever by the air carrier or by any hotel, guesthouse, lodge, bus supplier, or any of their employees or agents, or any of the services and accommodations to participants, including any results thereof, such as a change in services or accommodations necessitated by the same. Southern Cross shall not be liable for any death, nor for any damages or claims arising from negligence of any person not its employee nor under its exclusive control.

COST All prices are quoted in U.S. dollars. They are based on tariffs, airfares, accommodation rates, and rates of exchange quoted to Southern Cross at the time of publication. These prices are expected to be in effect at the time of departure; however, prices are subject to change without notice. Southern Cross will make every effort to avoid price increases; however, any changes in price made by the airlines, hotels, vendors, operators, etc., with which Southern Cross has made arrangements, may be passed on to the participants. If such rates change prior to departure, Southern Cross is not under any obligation to pay extra expenses arising from unforeseen circumstances, such as a change of itinerary or means of transportation, etc.

APPLICATION, PAYMENTS, AND CANCELLATION: Early reservations are strongly recommended, and a deposit per person is required at the time of booking. Final documents (including airline tickets) cannot be sent until final payment is received. Checks should be made payable to Southern Cross Humanitarian. All applications are subject to approval by Southern Cross and the expedition leader. All cancellation penalties are the responsibility of the participant, including a minimum $300 nonrefundable dep.

HEALTH: We advise each participant to have a physical checkup before applying for the expedition, and bring an adequate supply of any prescription medications. Southern Cross is not responsible for illnesses that may occur while traveling. Since projects and sightseeing can be physically taxing, we recommend persons who suffer from heart disease, high blood pressure, or any physical impairment which could hinder them from normal participation contact the expedition leader prior to submitting an application.

INSURANCE: While limited theft, medical, and accident insurance is included with this program, Southern Cross is not an insuring agent and is not responsible for any injury to your person. Further detailed information on this insurance coverage is in the Expedition Handbook. Southern Cross is not responsible for any loss, theft, or damage to your belongings. Baggage and cancellation insurance is recommended and is available at nominal rates through private insurance companies. In the event of a claim, you are responsible to process your claim directly with the insurance company.

TRAVEL DOCUMENTS: Participants must carry a valid passport. Participants will be provided with information concerning passports, visas, and immunizations where needed, but obtaining them are the responsibility of the applicant.

ACCOMMODATIONS: We seek to provide well-located accommodations (not always in the center of the city) representative of the area, which provide typical cuisine; clean, pleasant rooms with private bathrooms and efficient management. The class of lodging is consistent with the price category of the expedition. Expedition participants should make themselves fully aware of the living conditions provided with each expedition before applying.

ROOMMATES: Single participants may request specific roommates and will be assigned roommates of the same sex only. Those seeking a private room, where available, agree to pay the increased cost to the expedition leader prior to departure.

ITEMS NOT INCLUDED: Items of a personal nature, such as excess baggage or portage charges; personal, trip, or baggage insurance; room service; laundry; phone calls; bottled drinking water; food or beverages not part of the group menu; gratuities for special services; passports; immunization fees; etc.

NOTICE: Southern Cross Humanitarian reserves the right to make changes or substitutions in the interest of the expedition in order to meet unexpected situations, such as increases in fares and lodging rates, airline failures, changes in currency rates, etc., prior to departure. Additional charges or refunds will be made to participants where applicable. However, no refund will be made for lodging or services, included in the price, which are not utilized during the program by the participant. We reserve the right to cancel the program, if deemed necessary for reasons including insufficient program participation and circumstances beyond Southern Cross's control, such as strikes, lockouts, riots, wars, or Acts of God. In such an event, Southern Cross shall have no responsibility, beyond the refund of deposits and monies paid to Southern Cross by the participants. A refund will then be made to participants, by means of a bank check.

STANDARDS: Expedition participants are ambassadors of the United States and Southern Cross and individual behavior should be of the highest caliber, so as to not jeopardize the good name of Southern Cross Humanitarian. All participants are required to maintain high ideals and standards. High standards of honor, integrity, and morality (including sexual morality); graciousness in personal behavior; application of conservative ideals in everyday living; and abstinence from illegal drugs, alcohol, and tobacco are mandatory. Southern Cross Humanitarian expeditions do not discriminate on the basis of race, religion, creed, gender, color, or ethnic or national origin, but all participants must maintain the ideals and standards of Southern Cross during the entire expedition.

SIGNATURE: I have read, understand, and agree to the Terms and Conditions as set forth above in order to participate on this expedition.

Applicant Signature | Date | Parent Signature (*If applicant is under 18 yrs of age*)